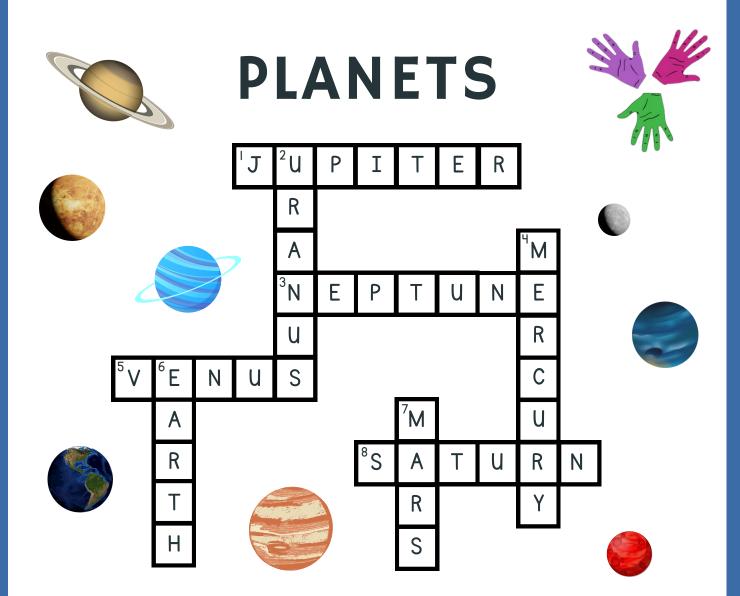


Horizontal

- Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "J".
- Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "N".
- 5. Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "V".
- 8. Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "S".

Vertical

- 2. Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "U".
- Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shapes "M"; "E".
- 6. Open hands (palms down, pointing forward) circle round to finish palms up; then working index hand (palm back, pointing down) moves downwards
- 7. Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "M".



Horizontal

- l. Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "J".
- Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "N".
- 5. Open hands (palms down, pointing forward) sircle round to finish palms up as though tracing shape of globe; then make letter shape "V".
- 8. Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "S".

Vertical

- 2. Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "U".
- Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shapes "M"; "E".
- 6. Open hands (palms down, pointing forward) circle round to finish palms up; then working index hand (palm back, pointing down) moves downwards.
- 7. Open hands (palms down, pointing forward) circle round to finish palms up as though tracing shape of globe; then make letter shape "M".